

INDIRA GANDHI MATRITVA SAHYOG YOJANA (IGMSY)

IGMSY is a new scheme by Ministry of Women & Child Dev. for Pregnant Ladies and Nursing Mothers. It is a conditional maternity benefit scheme where in a cash incentive of Rs. 6000/- in two instalments will be provided directly to women 19 years and above for the first two live birth subject to the women fulfilling specific condition relating to maternal child health and nutrition. Cash incentive will be provided in three instalments between the second trimesters of pregnancy till the infant completes 6 months of age. At present the scheme is being implemented in two districts in State on pilot basis i.e Kathua and Anantnag

Eligibility:

1. Age of the beneficiary should be 19 years and above
2. Women or husband should not be govt or PSU employee
3. Incentive only for two live births.

Objectives of the scheme:

To improve the health and nutrition status of pregnant ladies, nursing mothers and infants by:

1. Promoting appropriate practices, care and service utilization during pregnancy, safe delivery and lactation.
2. Encouraging the women to follow (optimal) IYCF practices including early and exclusive breast feeding for the first six months.
3. Contributing to better enabling environment by providing cash incentives for improved health and nutrition to pregnant ladies and nursing mothers.

The scheme aims to provide partial compensation for the wage loss so that the women is not under compulsion to work till the last stage of pregnancy and can take adequate rest before and after the delivery.

RAJIV GANDHI SCHEME FOR EMPOWERMENT OF ADOLESCENT GIRLS RGSEAG – SABLA

1. SABLA was launched in J&K as pilot scheme in five Districts only i.e. Jammu, Kathua, Anantnag, Kupwara and Leh in total of 44 ICDS Projects. It is a comprehensive scheme merging two erstwhile schemes i.e. KSY and NPAG.
2. SABLA is a scheme which addresses multidimensional aspect of adolescent girls between the age group of 11-18 years both school going and out of school.

Main objectives of the scheme:

1. Enable adolescent girls (AGs) for self-development and empowerment.
2. Improve nutrition and health status.
3. Promote awareness about health, hygiene, adolescent reproductive and sexual health (ARSH), family and child care.
4. Upgrade home based skills, life skill and vocational skills.
5. Encouraging out of school AGs into formal/non-formal education.
6. Provide information/guidance about existing public services such as PHC, CHC, Post Office, Bank, Police Station etc.

There are two major components under the scheme:

Nutrition Component:

11-14 years AGs : out of school girls
14-18 years AGs : all girls

Non-nutrition Component:

For out of school AGs:

a) 11-18 years

- i) Nutrition provision
- ii) IFA supplementation
- iii) Health check-up and referral services
- iv) Nutrition and Health Education (NHE)
- v) Counselling/guidance on family welfare, ARSH, Child care practices
- vi) Life skill education and accessing public services

b) 16-18 years

Vocational training under national skill dev. programme (NSDP)

For school going AGs of 11-18 years, the services at (2a) will be provided twice a month in school days and four times a month in vacations.

Mode of implementation:

To be implemented using ICDS Platform, Anganwadi Centres functionaries, monitoring system.

KISHORI SHAKTI YOJNA (KSY) IN J&K

Kishori Shakti Yojna was launched in the year 2006-07 for the adolescent girls the age group of 11-18 years to empower the adolescent girls so as to enable them to take charge of their lives. The scheme is being implemented in all whole of the State **except Sabla Districts(Jammu, Kathua, Anantnag, Kupwara and Leh).**

The scheme comprised of two sub schemes i.e. Girl to Girl approach for Adolescent girls in the age group 11-15 years and Balika mandal to reach Adolescent Girls in the age group 11-18 years. The **main objective** of the scheme is to

1. Improve nutritional and health status of girls the age group of 11-18 years.
2. Provide the required literacy and numerate skills through the non-formal stream of education, to stimulate a desire for more social exposure and knowledge and to help them to improve their decision making capabilities.
3. To train and equip the beneficiary with home based and vocational skills.
4. Gain a better understanding of their environment related social issues and the impact on their lives
5. Encourage adolescent girls to initiate various activities so as to become productive and useful member of the society.

Total Financial Implication under KSY

1.	6 days three Training Programme of 30 Adolescent Girls in the age group 11-15 years	Rs 12400 x 3 = Rs 37200
2.	1 day Refresher training of 30 Adolescent Girls	Rs 9900 x 2 = Rs 19800
3.	2 vocational Training Course of 60 days for 20 Adolescent Girls	Rs 25000 x 2 = Rs 50000
4.	One Awareness Camp	Rs 3000 x 1 = Rs 3000
	Total	Rs 1, 10,000

PENSION SCHEMES FOR OLD AGED, HANDICAPPED & WIDOWS

Details of Various schemes being implemented is as under:-

1. Integrated Social Security Scheme (ISSS)
2. National Social Assistance Programme (NSAP)

1. Integrated Social Security Scheme (ISSS)

This is a State sponsored Scheme fully funded out of State's own resources by debiting the expenditure under plan and non – plan budget on 50: 50 basis.

Eligibility criteria/ Amount of Pension

- Men above the age of 60 years @Rs.200/-PM.
- Women above the age of 55 years @Rs.200/-PM.
- Widow/divorcee above 40 years having no/meager source of income@ Rs.200/-PM.
- Physically challenged persons with 40 % and above deformity @Rs.400/PM.